

MULTIPACK

**BEANZ**<sup>®</sup>

Baked beans in a deliciously  
rich tomato sauce



**57**  
VARIETIES

Each 51g serving contains

Fiber	Iron	Fat	Protein	Salt
9g	7g	0.4g	0.2g	0.4g
5%	7%	1%	1%	2%

of an adult's guideline daily amount

# Bran Flakes

Recommended by  
**CHRIS HOY**  
Triple Gold Medalist -  
Beijing 2008





ESTABLISHED 1908

# MELTS



## ORIGINAL

DELICIOUS LIGHT & CRISP  
WHEATEN BISCUITS

*Biscuits of Distinction*

*James Watson & Co. Ltd.*

20 kcal / 0.9g FAT PER BISCUIT

150g e



BY APPOINTMENT TO H.M. THE SOVEREIGN  
MAKERS OF BISCUITS SINCE 1908  
BISCUITS MANUFACTURERS LIMITED

# Biscuits

ESTABLISHED 1908

**TABLE WATER®**

*Thin, crispy biscuits baked golden brown*

14 kcal / 0.3g FAT PER BISCUIT



*Goodness Perfected Every Day*

Biscuits of Distinction

125g e



# Kievs

Any  
2 for  
**£3**

## 2 Tomato & mozzarella chicken kievs

Pieces of chicken chopped & shaped with a tomato  
& mozzarella cheese filling, coated in crispy breadcrumbs



No  
hydrogenated  
fats, artificial  
colours &  
flavours

Serving suggestion

Keep refrigerated

Pack price

**£1.99**

Use by

**16 JUN**



Freezable



NEW

ORGANICS

Chick Peas

*in water*

HIGH IN  
FIBRE  
HEALTHIER  
FOR YOUR DIGESTION



Suitable for  
vegetarians



1 of 3 stars  
per 200g tin/100g

Now made with  
all butter

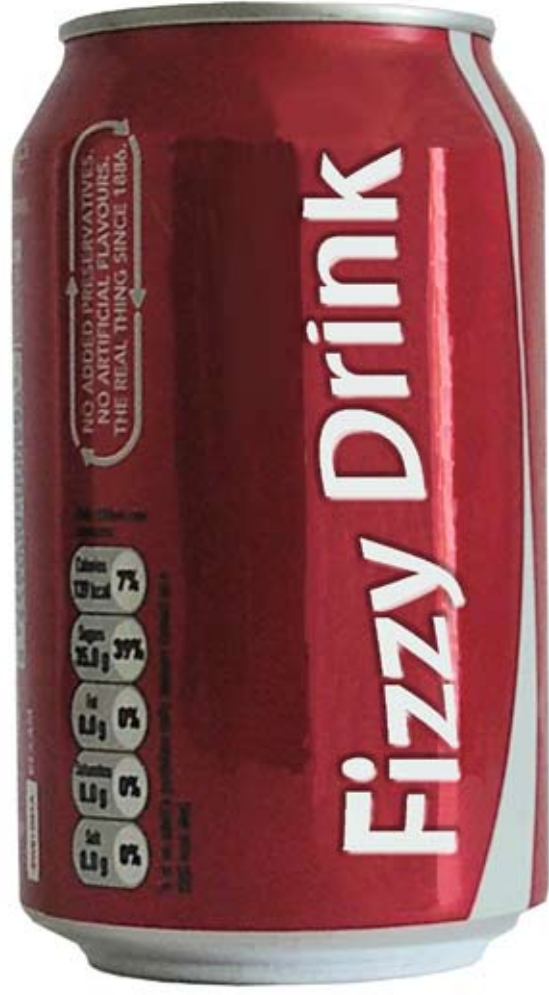


*Taste the  
difference*

slowbaked<sup>®</sup>  
All butter cookies  
**Chocolate,**  
chocolate and more  
chocolate, milk,  
plain and white.



 Vegetarian



Fizzy Drink

NO ADDED PRESERVATIVES.  
NO ARTIFICIAL FLAVOURS.  
THE REAL THING SINCE 1886.

PER 100ml  
Energy 45 kcal  
Fat 0g  
Carbohydrate 10g  
Protein 0g  
Sodium 0g



LESS THAN  
**1%**  
FAT

NO  
HIDDEN  
SUGARS\*

# golden vegetable cup soup

instant soup with noodles,  
carrots, peas and leeks

\*no artificial colours or flavours  
& no hydrogenated fat

**52**  
CALORIES  
PER  
SACKET



**58g** Serving Suggestion

SACKETS  
**4**



Suitable for  
vegetarians

For Best Before End:  
see top of pack



No artificial colours or flavours

# King prawn masala & pilau rice

Marinated king prawns in a rich, creamy tomato sauce flavoured with tandoori masala and fresh mint served with pilau rice.

rich & creamy

Produced in the UK

 Freezable

 Medium

Serving suggestion

Keep refrigerated

Display until Use by

31 MAY 31 MAY

**BORDERS**  
*Gourmet*



**ROAST  
MUSTARD  
HAM**

INGREDIENTS: Pork, salt, dextrose, stabilisers (E483, E481, E407), preservative (E250), antioxidant (E301), Mustard Seed. Made with 100g of Pork per 100g of finished product. This product contains Mustard and Mustard Derivatives.

KEEP REFRIGERATED STORE AT 0° TO 4°C  
ONCE OPENED USE WITHIN 3 DAYS  
PACKED IN A PROTECTIVE ATMOSPHERE



USE BY  
**02/07/09**  
BATCH  
**161D896L1M**  
W 1130 0



BORDERS BROTHERS MANUFACTURING LTD., USA 802



**Clear  
Honey**



1 Litre



ICE CREAM

TRADITIONAL

LUXURY DAIRY ICE CREAM

*made with fresh milk, double cream  
and no artificial ingredients*



Jammie  
DODGERS

Minis

Jammie  
DODGERS  
Minis

Original

NO artificial  
flavours or colours

7

biscuits with 4 minis  
in each pack

stretchy jam spiced at the heart of 2 yummy shortcake biscuits

NO artificial  
flavours or colours

# Italian

## Lasagne

Pasta made from durum wheat



vegetarian

weight

V

375g  
e

ICE CREAM



GET THE VALUE

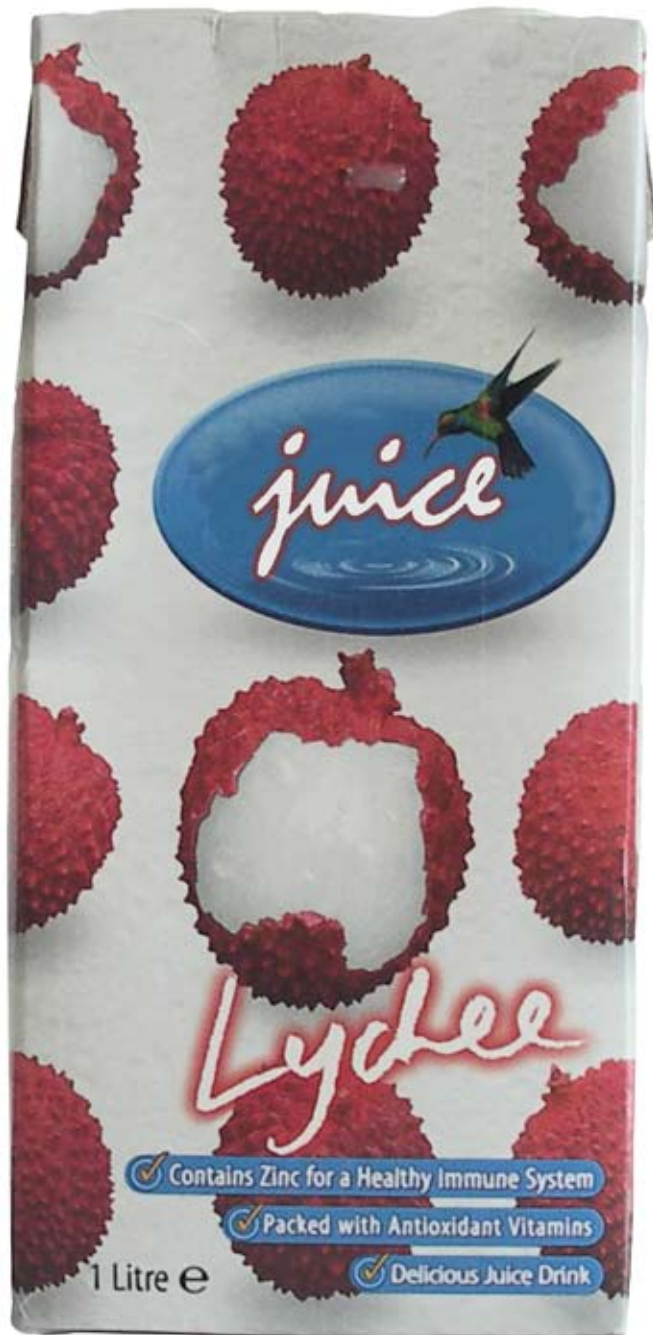
Each 60ml Bar contains

Calories	Sugars	Fat	Saturated	Salt
168	15.9g	9.9g	7.4g	0.1g
8%	18%	14%	37%	2%

of an adult's guideline daily amount\*

4 Ice Cream BARS





juice

Lydee

✓ Contains Zinc for a Healthy Immune System

✓ Packed with Antioxidant Vitamins

✓ Delicious Juice Drink

1 Litre e

*Milk  
Chocolates*

CHOCOLATES

1906-1911





pure  
**orange**  
juice  
smooth  
from concentrate

1Litre

Food facts



1 of 12 Gm  
per 100ml



# American style oven chips

suitable for oven, grill or fry

Keep frozen

Vegetarian & vegan

SEP 2016 12 10







Any 2  
for  
£2.50

Serving suggestion

# broccoli, tomato & cheese quiche

broccoli florets & Cheddar cheese with a tomato concasse layer & creamy custard in a fluted shortcrust pastry case

23.00



vegetarian



freezable

Keep refrigerated

Display until

20 AUG

Use by

20 AUG



great  
Stuff

Organic

mini raisins

Ideal for lunchboxes

# Arborio

## risotto rice

Classic risotto rice from the Novara region of Northern Italy. The pearly looking, plump grains produce a creamy consistency while retaining some bite, 'al dente'



500g

For Best Before End  
See base of pack

Serving Suggestion



FINEST QUALITY

FINZEAN'S FAVOURITE

*Shortbread*

HAND BAKED  
ROYAL DEESIDE

SHORTBREAD  
ROUNDS

Net Wt. 300g 10.6oz e  
PRODUCT OF SCOTLAND



soya milk

Light

Reduced  
Calorie\*

Low in  
Saturated  
Fat

Unsweetened

+ calcium  
+ multivitamins  
C, E, B6, B2, B9, B12

Each 30g serving contains

Calories	Sugars	Fat	Carbs	Salt
115	7g	0.9g	0.5g	0.3g
6%	8%	1%	2%	5%

of an adult's guideline daily amount

*Special*

**K**

yoghurty

Only 3% fat

See if you can get...

**Slimmer**

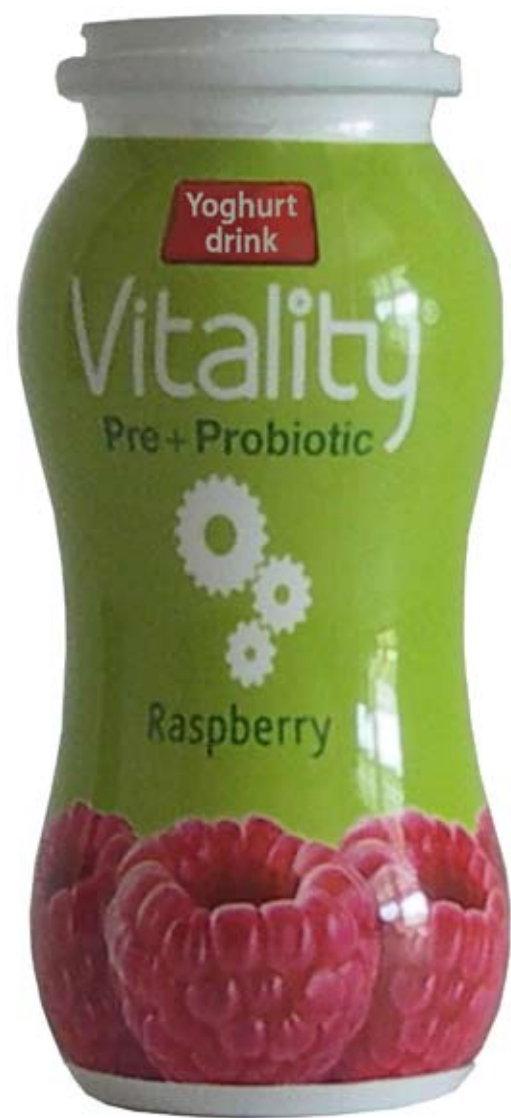
for Summer!



milk chocolate with special toffee  
mexico 40% cocoa

Toffee

*Thorntons* milk chocolate with special toffee - mexico 40% cocoa



Yoghurt  
drink

Vitality  
Pre+Probiotic



Raspberry



NATURALLY SCOTTISH

RHUBARB

LOW FAT BIO  
YOGURT

